

What's on the Menu?

Sparta Area Schools Secondary Breakfast Menu October 19th - November 13th 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini Waffles, Pancakes, or French Toast Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 19	Bacon & Cheese English Muffin Banana Split Smoothie Apple Pie Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 20	Enriched Waffle or Pancake Sausage Sandwich Sausage Biscuit w/ Gravy Fruit Yogurt Parfaits Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt OCT. 21	Sausage & Cheese Croissant Bacon & Cheese Croissant French Toast Bites & Eggs W/ Bacon Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 22	Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese Donuts Fruit Yogurt Parfaits Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 23
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini Pancakes Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 26	Bacon & Cheese English Muffin Pancake Bites W/ Scrambled Eggs & Sausage Links Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 27	Enriched Waffle or Pancake Sausage Sandwich Egg & Cheese Omelet Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 28	Sausage & Cheese Croissant Bacon & Cheese Croissant Cinnamon Roll Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 29	Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese Donuts Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 30
Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese Assorted Mini Waffles Assorted Cereal/Bars,, Muffins, & Yogurt NOV. 2	Bacon & Cheese English Muffin Strawberry Smoothie W/ Muffin Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt NOV. 3	Enriched Waffle or Pancake Sausage Sandwich Banana Chocolate Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt NOV. 4	Sausage & Cheese Croissant Bacon & Cheese Croissant Cinnamon Rolls Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt NOV. 5	Sausage & Cheese English Muffin Bacon & Cheese English Muffin Donuts Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt NOV. 6
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini French Toast Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt NOV. 9	Bacon & Cheese English Muffin Pancake Sausage Stick Frozen Berry Yogurt Bark Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt NOV. 10	Enriched Waffle or Pancake Sausage Sandwich Ham, Egg, & Cheese Breakfast Burrito Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt NOV. 11	Sausage & Cheese Croissant Bacon & Cheese Croissant Cinnamon Rolls Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt NOV. 12	Sausage & Cheese English Muffin Bacon & Cheese English Muffin Donuts Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt NOV. 13

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or melissa.alley@spartaschools.org

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.