## What's on the Menu?



**Assorted Breakfast** 

**Donuts** 

Pop-Tart,

Muffins, & Yogurt

100% Fruit Juice

**Assorted Fruit** 

JAN. 9

## Sparta Area Schools Secondary Breakfast Menu January 5th - 30th, 2026

Monday **Tuesday** Wednesday **Thursday Friday** 

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Mini Assorted Waffles** Assorted Cereal/Bars, .Pop-Tart. Muffins, & Yogurt 100% Fruit Juice **Assorted Fruit** 

JAN. 5

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Mini Assorted Pancake

Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 12 **Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Mini Assorted Waffles

Assorted Cereal/Bars. Pop-Tarts, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 19

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Mini Assorted French** Toast

Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

**JAN. 26** 

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Breakfast Pizza Breakfast Smoothie** Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 6

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Breakfast Smoothie** Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit **JAN. 13** 

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Eaa & Cheese Omelet w/ Muffin Assorted Cereal/Bars. Pop-Tart, **Muffins, & Yogurt** 

> 100% Fruit Juice **Assorted Fruit** JAN. 14

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese French Toast Bites w/ Whip Topping & Fruit Assorted Cereal/Bars, Pop-Tarts. Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 7

**Assorted Breakfast** Sandwiches-Sausage. Bacon, Egg, & Cheese **Cinnamon Rolls** Assorted Cereal/Bars. Pop-Tart, Muffins, & Yogurt 100% Fruit Juice

JAN. 8

Assorted Fruit

Sandwiches-Sausage, Bacon, Egg, & Cheese Assorted Cereal/Bars.

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Cinnamon Rolls Assorted Cereal/Bars. Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 15

Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese

**Donuts** Assorted Cereal/Bars, Pop-Tart,

**Muffins, & Yogurt** 100% Fruit Juice **Assorted Fruit** 

**JAN. 16** 

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Breakfast Smoothie** Assorted Cereal/Bars. Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 20

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Breakfast Smoothie w/

Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt 100% Fruit Juice **Assorted Fruit** 

JAN. 27

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese **Breakfast Pizza** 

Assorted Cereal/Bar. Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 21

**Assorted Breakfast** Sandwiches-Sausage. Bacon, Egg, & Cheese \$crambled Eggs w/ Bacon and a side of Toast Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt 100% Fruit Juice

JAN. 28

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Cinnamon Rolls Assorted Cereal/Bars,

Pop-Tart, Muffins, & Yogurt 100% Fruit Juice **Assorted Fruit** 

JAN. 22

**Assorted Breakfast** 

Sandwiches-Sausage,

Bacon, Egg, & Cheese

Cinnamon Rolls

Assorted Cereal/Bars.

Assorted Breakfast Sandwiches-Sausage. Bacon, Egg, & Cheese **Donuts** 

Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt 100% Fruit Juice Assorted Fruit

JAN. 23

**Assorted Breakfast** Sandwiches-Sausage, Bacon, Egg, & Cheese Donuts Assorted Cereal/Bars,

Pop-Tart, Muffins, & Yogurt 100% Fruit Juices Assorted Fruit

**JAN. 30** 

Pop-Tarts, Muffins, & Yogurt 100% Fruit Juices Assorted Fruit **Assorted Fruit** JAN. 29

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or melissa.alley@spartaschools.org

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.