

# What's on the Menu?

## Sparta Area Schools Secondary Breakfast Menu September 15<sup>th</sup> – October 10<sup>th</sup>, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Egg Bites w/ Muffin</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 15</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Taco</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 16</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>French Toast Bites w/ Whip Topping &amp; Fruit</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 17</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 18</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 19</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Smoothies- w/ Muffin</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 22</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breaded Chicken Waffle Sandwich</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 23</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Sausage &amp; Gravy Breakfast Pizza</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 24</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Apple Cinnamon Breakfast Quesadilla</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 25</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 26</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Pancake on a Stick</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 29</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Overnight Oats</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>SEPT. 30</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Egg &amp; Cheese Omelet</b>  Assorted Cereal/Bar, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 1</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 2</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 3</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Smoothie w/ Muffin</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 6</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Scrambled Eggs w/ Bacon and a side of Toast</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 7</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Peanut Butter, Strawberries, &amp; Blueberries on English Muffin</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juice  Assorted Fruit</p> <p><b>OCT. 8</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>  Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt  100% Fruit Juices  Assorted Fruit</p> <p><b>OCT. 9</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>  Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt  100% Fruit Juices  Assorted Fruit</p> <p><b>OCT. 10</b></p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or [melissa.alley@spartaschools.org](mailto:melissa.alley@spartaschools.org)

**MENU IS SUBJECT TO CHANGE.**

This institution is an equal opportunity provider.