

MENU IS SUBJECT TO CHANGE

What's on the Menu?

Sparta Middle School Lunch Menu January 5th – 9th, 2026

All meals come with choice of low-fat 1% White or Chocolate Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Pancake Bites W/ Whipped Topping W/ Scrambled Eggs W/ Cheese Tater Tots National Whipped Cream Day	Stuffed Shells w/ Spaghetti Sauce or Alfredo Sauce Seasoned Green Beans National Bean Day	White Chicken Chili W/ Queso Blanco Cheese Fritos Seasoned Corn	Hot Dog Bar: Plain, Chili Cheese , Mexican Street dog W/ Choice of Toppings BBQ Baked Beans	Bone-In or Boneless Chicken Wings Side Macaroni & Cheese Oven Baked Fries
<div>SONO CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
<div>2mato</div>	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Hawaiian Pizza	Bosco Breadsticks W/ Marinara Sauce	Cheeseburger Pizza	Supreme Pizza	Bosco Breadsticks W/ Marinara Sauce
<div>grilled EXPRESS</div>	Buffalo Chicken Quesadilla Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Chicken Sticks w/ Dinner Roll Tater Tots	Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Green Beans	Soft Pretzel Bites w/ Cheese Sauce Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Corn	Chicken Crispito's Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger BBQ Baked Beans	Cheese Pizza Crunchers Breaded Chicken Sandwich Spicy Breaded Sandwich Bacon Cheeseburger Oven Baked Fries
<div>SO DELI</div>	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
<div>ON THE GO</div>	Turkey Salad W/ 2 Dinner Rolls	Chicken BLT Salad W/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ Dinner Roll	Ham & Turkey, Egg, Provolone and American Cheese Chef Salad w/ Dinner Rolls
	Chicken Ranch Wrap	Peanut Butter Roll Up	Enriched Turkey and Cheese Wrap	Italian Wrap	Buffalo Chicken Wrap
<div>extra extra</div>	Baby Carrots Cucumber Coins Side Salad 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Michigan Apple Slices	Cherry Tomatoes Celery Sticks Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Cauliflower Florets Side Salad Assorted Vegetables Sidekick Slushies Assorted Fresh Fruit Michigan Apples

Sparta Area Schools is a 10 Cents a Meal grantee, and we buy Michigan grown produce

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What's on the Menu?

Sparta Middle School Lunch Menu January 12th – 16th, 2026

All meals come with choice of low-fat 1% White or Chocolate Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	Baked Potato Bar Baked Potato w/ Ham, Chili , Bacon, Cheese 2 Breadsticks Broccoli w/ Cheese Sauce	Loaded BBQ Pulled Pork Fries Corn Bread Poppers Oven Baked Fries BBQ Baked Beans	Breakfast for Lunch 2 Cinnamon Glazed French Toast Scrambled Eggs Tater Tots	Enriched Spaghetti w/ Meatballs Breadstick Seasoned Green Beans	Buffalo Chicken Dip W/ Tortilla Chips Seasoned Corn International Hot & Spicy Food Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza Chicken Bacon Ranch Pizza	Classic Pepperoni Pizza Meat Lover's Stromboli	Classic Pepperoni Pizza Italian Sausage & Pepperoni Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Supreme Pizza
	Corn Dog Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Sriracha Cheeseburger Broccoli W/ Cheese Sauce National Gluten Free Day	Boneless Chicken Wings Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger w/ pepper jack, & Green Chili Oven Baked Fries BBQ Baked Beans	Park Carnitas Quesadilla Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	Enriched Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Green Beans	Mozzarella Cheese Sticks W/ Marinara Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Corn
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits					
	Turkey Salad w/ 2 Dinner Rolls Italian Wrap	Spicy Chicken Mozzarella Salad w/ 1 Dinner Rolls Turkey Cheese Wrap	Ham Chef Salad w/ 2 Dinner Chicken, Bacon, Cheese Wrap	Grilled Chicken Salad w/ 2 Dinner Rolls Ham & Cheese Wrap	Popcorn Chicken Salad W/ 2 Dinner Rolls Enriched Chicken Caesar Wrap
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit Michigan Apple Slices	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Cauliflower Florets Side Salad Sidekick Slushie Assorted Fruit Michigan Apples

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What's on the Menu?

Sparta Middle School Lunch Menu January 19th – 23rd, 2026

All meals come with choice of low-fat 1% White or Chocolate Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	Waffles Scrambled Eggs W/ Cheese Tater Tots	Three Cheese Sandwich on a Pretzel Bun Broccoli Cheese Soup Seasoned Broccoli w/ Cheese Sauce National Cheese Lover's Day	Chicken Drumstick W/ Cornbread Bites Mashed Potatoes w/ Gravy	Lasagna Roll Up W/ Breadstick Seasoned Green Beans	Global Eats Chicken Curry W/ Spiced Brown Rice & Dinner Roll Mixed Veggies Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza	Enriched Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Bosco Breadsticks	Meat Lover's Pizza	Beef Taco Pizza	Jalapeno BBQ Pork Carnitas Pizza	Buffalo Chicken Pizza
	Popcorn Chicken W/ Dinner Roll Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	Pull Apart Cheese Bread Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Broccoli w/ Cheese Sauce	Mini Corn Dogs Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Mashed Potatoes w/ Gravy	2 Pulled Pork Sliders Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Green Beans	Pepperoni Pizza Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Mixed Veggies Baked Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Ham, Turkey, & Cheese Salad W/ Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Roll	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Salad w/ 2 Dinner Rolls
	Breaded Chicken Ranch Wrap	Turkey & Cheese Pinwheel	Turkey Bento Box	Hummus Combo w/ Pita Chips	Salami, Ham, Provolone Flatbread
	Baby Carrots Cucumber Coins Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit Michigan Apples	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Michigan Apple Slices	Side Salad Cauliflower Florets 100% Fruit Juice Assorted Fruit Side Kick Slushies

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What's on the Menu?

Sparta Middle School Lunch Menu January 26th – 30th, 2026

All meals come with choice of low-fat 1% White or Chocolate Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	Sweet and Sour or Orange Popcorn Chicken Fried Rice Seasoned Peas & Carrots	Tex-Mex Chili Mac n Cheese w/ Turkey or Chorizo Breadstick Cheesy Fries BBQ Baked Beans	Global Eats: Chicken Tikka Masala W/ Rice Broccoli w/ Cheese Sauce	Southwest Breakfast Bowl w/ Chorizo Biscuit Tater Tots National Puzzle Day	Chicken Tortilla Soup-Tortilla Chips Seasoned Corn National Croissant Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza	Personal Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Supreme Pizza	Pepperoni Bosco Breadsticks	Meat Lovers Stromboli	Chicken Parmesan Pizza	Bosco Breadsticks w/ Marinara Sauce
	BBQ Beef Brisket Tostada Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Peas & Carrots	Beef Teriyaki Dippers w/ side of Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Cheesy Fries BBQ Baked Beans	2 Italian Sliders Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Broccoli w/ Cheese Sauce	Toasted Turkey, Bacon, Cheese Flatbread Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	Ham & Cheese Croissant Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Corn
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
	AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits				
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ Dinner Roll	Ham & Cheese Salad w/ 2 Dinner Rolls	Chicken BLT Salad w/ 2 Dinner Rolls
	Muffin Fun Lunch-muffin, crackers, trix yogurt, string cheese	Breaded Chicken Ranch Wrap	Fruit Pizza w/ Trix Yogurt & Cheese Cubes	Buffalo Chicken Flatbread Fold	Turkey Bacon Ranch Wrap
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Michigan Apple Slices	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Cauliflower Florets Side Salad Assorted Fruit Side Kick Slushies Michigan Apples

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