

MENU SUBJECT TO CHANGE

What's on the Menu?

Sparta High School Lunch Menu September 21-25, 2026

All meals come with choice of low-fat 1% white or chocolate milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tenders w/ Waffles Tater Tots	Jalapeno Mac n Cheese w/ Bacon Breadstick Seasoned Green Beans	Baked Potato Bar- Ham, Cheese, Bacon Toasted Cheese Sandwich Seasoned Broccoli w/ Cheese	Breaded Chicken Drumstick Cornbread Poppers Mashed Potatoes w/ Gravy BBQ Baked Beans	Teriyaki Bowl-Beef or Chicken Vegetable Fried Rice Glazed Carrots
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Cheese Pizza Available Daily				
	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Popcorn Chicken & Hot Honey Pizza	Classic Pepperoni Pizza Meat Lover's Pizza	Classic Pepperoni Pizza Bacon, Egg, & Cheese Breakfast Pizza	Classic Pepperoni Pizza Supreme Pizza
	BBQ Riblet Sandwich Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Tater Tots	Pretzel Bites w/ Cheese Dip Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Seasoned Green Beans	Pork Carnitas Quesadilla Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Broccoli	Breaded Mozzarella Sticks Breaded Chicken Sandwich Plain or Spicy Toasted Ham & Cheese Sub Mashed Potatoes BBQ Baked Beans	Pizza Sub Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Glazed Carrots
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
	AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES				
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Peanut Butter & Apple Roll-up	BBQ Chicken Salad w/ 2 Dinner Rolls Italian Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Santa Fe Turkey Cheddar Wrap	Cranberry Apple Chicken Salad Asian Popcorn Chicken Pasta Salad	Popcorn Chicken Salad-w/ 1 Dinner Roll Hummus Combo w/ veggies and pita chips
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Side Salad Celery Sticks Cherry Tomatoes Side Kick Slushies Assorted Fruit

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What's on the Menu?

Sparta High School Lunch Menu September 28-October 2, 2026

All meals come with choice of low-fat 1% white or chocolate milk

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Enriched Baked Ziti Pasta Garlic Breadstick Roasted Asparagus	BBQ Pulled Pork or Popcorn Chicken W/ Macaroni & Cheese W/ Dinner Roll Oven Baked Fries BBQ Baked Beans	French Toast Bites Scrambled Eggs w/ Cheese Tater Tots	1/2 DAY	No School
sono CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily-Try our new Pizza Crust Allergens are: Egg, Milk, Wheat, & Soy					
2mato	Classic Pepperoni Pizza Italian Stromboli	Classic Pepperoni Pizza Bosco Breadsticks	Classic Pepperoni Pizza Chicken Meatball Pizza	1/2 DAY	No School
grilled EXPRESS	Corn Dog Breaded Chicken Sandwich-Plain or Spicy Sriracha Burger Roasted Asparagus	Enriched Chicken & Cheese Crispito's Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Fries BBQ Baked Beans	Mexi Dog Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Tater Tots		
SO DELI	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
ON THE GO	Turkey Chef Salad w/ 2 Dinner Rolls California Wrap- Ham & Cream Cheese	Breaded Chicken Salad w/ 1 Dinner Roll Turkey & Cheese Pinwheels	Cobb-Ham, Egg & Cheese Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	1/2 DAY	No School
extra extra	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Broccoli Florets 100% Fruit Juice Assorted Fruit Michigan Apples		

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What's on the Menu?

Sparta High School Lunch Menu October 5-9, 2026

All meals come with choice of low-fat 1% white or chocolate milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti W/ Meatballs & Breadstick Seasoned Green Beans	TACO DAY Totchos – Pulled Pork or Chicken Fajita over Tater Tots W/ Cornbread Bites Tater Tots	Beef or Chicken Gyro W/ Tzatziki Sauce on Flatbread Seasoned Corn	Southwest Chorizo Breakfast Bowl Over a Biscuit Hashbrown Patty	Bone-in or Boneless Wings Mac n Cheese Dinner Roll BBQ Baked Beans Waffle Fries
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily-Try our new Pizza Crust Allergens are: Egg, Milk, Wheat, & Soy					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Chicken, Bacon, Ranch Pizza	Veggie Pizza w/ Olives	Bosco Breadsticks w/ Marinara Sauce	Italian Sausage Pizza	Buffalo Chicken Ranch Pizza
	Chipotle Chicken & Black Bean Sandwich Breaded Chicken Sandwich-Plain Or Spicy Bacon Cheeseburger Seasoned Green Beans	Mini Corn Dogs Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger Tater Tots	BBQ Pulled Pork Sliders Breaded Chicken Sandwich-Plain Or Spicy Meatball Sub Seasoned Corn	Cheese Pizza Crunchers Breaded Chicken Sandwich-Plain Or Spicy Bacon Cheeseburger Hashbrown Patty	BBQ Beef Brisket Tostada w/ Queso Cheese Breaded Chicken Sandwich-Plain or Spicy Breaded Mozzarella Sticks w/ Chicken Nuggets BBQ Baked Beans Waffle Fries
	SO DELI				
Build Your Own Deli Sandwich					
Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments					
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey and Ham Cobb Salad W/ 2 Dinner Rolls	Greek Salad w/ 2 Dinner Rolls	Buffalo Chicken Salad w/ 1 Dinner Roll	Beef Taco Salad w/ Tortilla Chips w/ Corn & Pineapple Salsa	Ham & Cheese Chef Salad w/ 2 Dinner Rolls
	Buffalo Ranch Chicken Wrap	Italian Wrap-Ham, Salami & Cheese	Hummus Combo w/ Veggies & Pita Chips	Veggie Pizza	Caesar Pasta Salad
	Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice	Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Mixed Peppers Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

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What's on the Menu?

Sparta High School Lunch Menu October 12-16, 2026

NATIONAL SCHOOL LUNCH WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Buffalo Chicken Dip Tortilla Chips Oven Baked Fries	Pasta Bar- Stuffed Shells w/ Cheese & choice of Sauce- Alfredo, pesto, or Marinara Seasoned Green Beans	Chicken Fajita Bowl w/ Cilantro Lime Rice Mexican Black Beans	MI APPLE CRUNCH DAY Pancake Bites Scrambled Eggs w/ Cheese Tater Tots	Sweet Thai Chili or Orange Popcorn Chicken Vegetable Fried Rice Seasoned Peas & Carrots
sono	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily-Try our new Pizza Crust Allergens are: Egg, Milk. Wheat, & Soy					
2mato	Classic Pepperoni Pizza Aloha BBQ Chicken, Ham, & Pineapple Pizza	Classic Pepperoni Pizza Chicken Alfredo Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Chicken Parmesan Pizza	Classic Pepperoni Pizza Dill Pickle Ranch Pizza
grilled EXPRESS	Pepperoni & Cheese Calzone Breaded Chicken Sandwich-plain or spicy Bacon Cheeseburger Oven Baked Fries	Buffalo Chicken Quesadilla Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Green Beans	Italian Sliders Breaded Chicken Sandwich –Plain or Spicy Bacon Cheeseburger Mexican Black Beans	Toasted Turkey Bacon Cheese Flatbread Breaded Chicken Sandwich-plain or spicy Cheeseburger Tate Tots	Pull Apart Cheese Bread Breaded Chicken Sandwich-plain or spicy Cheeseburger Seasoned Peas & Carrots
SO DELI	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
ON THE GO	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Muffin Fun Lunch-muffin, crackers, string cheese, yogurt	Italian Salad w/ 2 Dinner Rolls Ham, Salami, Pepperoni, cheese cubes Italian Pasta Salad	Asian Chicken Pasta Salad Strawberry Yogurt Fruit Dip-w/ Cinnamon Pretzel & side of cheese cubes	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Breaded Chicken Salad w/ Dinner Roll Vegetarian Southwest Corn, Black Bean Wrap
extra extra	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Michigan Apples	Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apple Chips	Fresh Broccoli Florets Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie