

What's on the Menu?

Sparta High School Lunch Menu January 5th – 9th, 2026

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Pancake Bites W/ Whipped Topping W/ Scrambled Eggs & Cheese Tater Tots National Whipped Cream Day	Stuffed Shells w/ Spaghetti Sauce or Alfredo Sauce Breadstick Seasoned Green Beans National Bean Day	Breaded Chicken Drumstick Enriched Cornbread Mashed Potatoes w/ Gravy	Loaded Fries BBQ Pulled Pork or Popcorn Chicken Cornbread Poppers Oven Baked Fries BBQ Baked Beans	White Chicken Chili w/ Queso Tortilla Chips Seasoned Corn
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Enriched Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Bosco Breadsticks w/ Marinara Sauce	Chicken Alfredo Pizza	Meat Lover's Pizza	Italian Sausage Pizza	Supreme Pizza
	Chicken & Cheese Crispito's Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Tater Tots	Pretzel Bites w/ Cheese Dip Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Seasoned Green Beans	Pork Carnitas Quesadilla Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Mashed Potatoes w/ Gravy	Breaded Mozzarella Sticks Breaded Chicken Sandwich Plain or Spicy Bacon Cheeseburger Oven Baked Fries/BBQ Baked Beans	Cheese Pizza Crunchers Breaded Chicken Sandwich-Plain or Spicy Toasted Ham & Cheese Sub Seasoned Corn
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	BBQ Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Greek Chicken Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad-w/ 1 Dinner Roll
	Peanut Butter & Apple Roll-up	Italian Wrap	Santa Fe Turkey Cheddar Wrap	Italian Pasta Salad	Hummus Combo w/ veggies and pita chips
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Side Salad Celery Sticks Cherry Tomatoes Side Kick Slushies Assorted Fruit

What's on the Menu?

Sparta High School Lunch Menu January 12th – 16th, 2026

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip Tortilla Chips Waffle Fries National Gluten Free Day	Sweet Thai Chili or Orange Popcorn Chicken Fried Rice Egg Roll Seasoned Peas & Carrots	Southwest Chorizo Breakfast Bowl Over a Biscuit Tater Tots	Enriched Spaghetti w/ Meatballs Garlic Breadstick Seasoned Green Beans	Wing on the Weekend Bone-in or Boneless Wings Mac n Cheese Dinner Roll Curly Fries/BBQ Baked Beans International Hot & Spicy Food Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Italian Stromboli	Bosco Breadsticks	Cheeseburger Pizza	BBQ Chicken Pizza	Pepperoni Bosco Breadsticks
	Corn Dog Breaded Chicken Sandwich-Plain or Spicy Sriracha Burger Waffle Fries	BBQ Riblet Sandwich Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Seasoned Peas & Carrots	Chili Cheese Dog Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Tater Tots	Chicken W/ Peppers & Onion Quesadilla Breaded Chicken Sandwich-plain or Spicy Teriyaki Dippers w/ Mac N Cheese Seasoned Green Beans	Breaded Chicken Sticks w/ Dinner Roll Breaded Chicken Sandwich-plain or Spicy Beef Brisket Tostada Curly Fries/BBQ Baked Beans
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ 1 Dinner Roll	Cobb-Ham, Egg & Cheese Salad w/ 2 Dinner Rolls	Grilled Chicken & Cheese Caesar Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll
	California Wrap- Ham & Cream Cheese	Turkey & Cheese Pinwheels	Chicken Caesar Wrap	Hummus Combo w/ Veggies & Pita Chips	Muffin Fun Lunch
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Broccoli Florets 100% Fruit Juice Assorted Fruit Michigan Apples	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu January 19th – 23rd, 2026

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGES

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Tex-Mex Chili Mac n Cheese w/ Turkey or Chorizo Breadstick Cheesy Fries/BBQ Baked Beans	Baked Potato Bar-Ham, Chili, Cheese, Bacon Toasted Cheese Sandwich Seasoned Broccoli National Cheese Lover's Day	Beef Lasagna Breadstick Seasoned Green Beans	Waffles Scrambled Eggs w/ Cheese Tater Tots	Global Eats Chicken Curry Spiced Brown Rice Dinner Roll Seasoned Peas & Carrots
<div>SONO CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
<div></div>	Classic Pepperoni Pizza Chicken, Bacon, Ranch Pizza	Classic Pepperoni Pizza Pepperoni Bosco Breadsticks	Classic Pepperoni Pizza Buffalo Ranch Chicken Pizza	Classic Pepperoni Pizza Italian Sausage Pizza	Enriched Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce
<div></div>	Breaded Mozzarella Sticks & Chicken Nuggets Breaded Chicken Sandwich-Plain Or Spicy Bacon Cheeseburger Cheesy Fries/BBQ Baked Beans	BBQ Pulled Pork Sliders Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger Seasoned Broccoli	Mini Corn Dogs Breaded Chicken Sandwich-Plain Or Spicy Breaded Mozzarella Sticks-plain or Jalapeno Seasoned Green Beans	Philly Cheese Steak Flatbread Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger Tater Tots	Cheese Pizza Crunchers Breaded Chicken Sandwich-Plain or Spicy Boneless Chicken Wings w/ Dinner Roll Seasoned Peas & Carrots
<div>SO DELI</div>	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div></div>	Turkey, Ham, Egg, & Cheese Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap	Greek Chicken Salad w/ 2 Dinner Rolls Flatbread Salami & Ham Pesto Sandwich	Buffalo Chicken Salad w/ 1 Dinner Roll Turkey Bento Flatbread	Beef Taco Salad w/ Tortilla Chips Black Bean & Corn Salsa w/ Fritos Cheese Cubes/Yogurt	Breaded Chicken Salad w/ Dinner Roll Protein Packed Fun Lunch-Hard boiled Egg, String Cheese, & Breadsticks
<div></div>	Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice	Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Mixed Peppers Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu January 26th – 30th, 2026

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Chicken Tortilla Soup OR Southwest Chicken Tomato Soup Tortilla Chips Seasoned Corn/Baked Beans	Beef Shepard's Pie Enriched Cornbread Stuffing Mashed Potatoes w/ Gravy	Chicken Tikka Masala W/ Rice Seasoned Mixed Veggies	Cinnamon Glazed French Toast Scrambled Eggs w/ Cheese Tater Tots National Puzzle Day	Toasted Ham & Cheese Croissant Broccoli Cheese Soup Oven Baked Fries National Croissant Day
<div></div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
<div></div>	Classic Pepperoni Pizza Chicken Parmesan Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Shredded Pork Jalapeno Pizza	Classic Pepperoni Pizza Hawaiian Pizza	Classic Pepperoni Pizza Dill Pickle Pizza
<div></div>	Buffalo Chicken Quesadilla Breaded Chicken Sandwich-plain or spicy Bacon Cheese Burger Seasoned Corn BBQ Baked Beans	Mini Corn Dogs Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Mashed Potatoes w/ Gravy	Italian Sliders Breaded Chicken Sandwich –Plain or Spicy Bacon Cheeseburger Seasoned Mixed Veggies	Toasted Turkey Bacon Cheese Flatbread Breaded Chicken Sandwich-plain or spicy Pepper Jack Green Chili Burger Tater Tots	Pepperoni Pizza Sub Breaded Chicken Sandwich-plain or spicy Cheeseburger Oven Baked Fries
<div></div>	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div></div>	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Muffin Fun Lunch- muffin, crackers, string cheese, yogurt	Turkey Chef Salad w/ 2 Dinner Rolls Ham, Salami, Pepperoni, cheese cubes Italian Pasta Salad	Asian Chicken Pasta Salad Strawberry Yogurt Fruit Dip-w/ Cinnamon Pretzel & side of cheese cubes	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Buffalo Chicken Flatbread Sandwich	Breaded Chicken Salad w/ Dinner Roll Enriched Peanut Butter & Apple Roll Up
<div></div>	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Michigan Apples	Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apple Chips	Fresh Broccoli Florets Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie