

What's on the Menu?

Sparta Area Schools Secondary Breakfast Menu September 21st – October 16th, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini Waffles, Pancakes, or French Toast Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 21	Bacon & Cheese English Muffin Banana Split Smoothie Mango Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 22	Enriched Waffle or Pancake Sausage Sandwich Fruit Yogurt Parfaits Assorted Cereal/Bars Pop- Tarts, Muffins, & Yogurt SEPT. 23	Sausage & Cheese Croissant Bacon & Cheese Croissant French Toast Bites & Eggs W/ Bacon Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 24	Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese Donuts Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 25
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini Pancakes Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 28	Bacon & Cheese English Muffin Pancake Bites W/ Scrambled Eggs & Sausage Links Apple Pie Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 29	Enriched Waffle or Pancake Sausage Sandwich Egg & Cheese Omelet Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt SEPT. 30	Sausage & Cheese Croissant Bacon & Cheese Croissant Cinnamon Roll Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 1	No School OCT. 2
Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, & Cheese Apple Breakfast Quesadilla Assorted Cereal/Bars,, Muffins, & Yogurt OCT. 5	Bacon & Cheese English Muffin Banana Pineapple Smoothie W/ Muffin Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 6	Enriched Waffle or Pancake Sausage Sandwich Banana Chocolate Overnight Oats Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 7	Sausage & Cheese Croissant Bacon & Cheese Croissant Cinnamon Rolls Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 8	Sausage & Cheese English Muffin Bacon & Cheese English Muffin Donuts Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 9
Sausage, Egg, & Cheese English Muffin Bacon Egg & Cheese English Muffin Assorted Mini French Toast Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt OCT. 12	Bacon & Cheese English Muffin Pancake Sausage Stick Frozen Berry Yogurt Bark Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt OCT. 13	Enriched Waffle or Pancake Sausage Sandwich Sausage Biscuits w/ Gravy Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt OCT. 14	Sausage & Cheese Croissant Bacon & Cheese Croissant Berry-Lemon Overnight Oats Cinnamon Rolls Assorted Cereal/Bars, Pop-Tarts, Muffins, & Yogurt OCT. 15	Sausage & Cheese English Muffin Bacon & Cheese English Muffin Donuts Assorted Cereal/Bars, Pop-Tart, Muffins, & Yogurt OCT. 16

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or melissa.alley@spartaschools.org

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.