

# What's on the Menu?

**Sparta High School Lunch Menu September 15-19, 2025**

All meals come with choice of low-fat 1% white or chocolate milk

**MENU SUBJECT TO CHANGE**

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Chicken Tenders w/ Waffles  2 Hash Browns	Chicken Fajita Bowl w/ Black Beans W/ Corn & Cilantro Lime Rice  Mexican Corn National Guacamole Day	Noodle Bowl Beef Yakisoba Noodle Bowl Seasoned Mixed Veggies Eat an Apple Day	Chicken Alfredo Pasta Garlic Bread  Broccoli w/ Cheese Sauce National Cheeseburger Day	TOTchos BBQ Pulled Pork or Popcorn Chicken Cornbread Poppers Tater Tots BBQ Baked Beans
<div>sono</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
<div>2mato</div>	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Enriched Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Italian Sausage Pizza	Bosco Breadsticks	Meat Lover's Pizza	Chicken Alfredo Pizza	Supreme Pizza
<div>grilled EXPRESS</div>	Beef Philly Cheese Steak Sub Breaded Chicken Sandwich-Plain or Spicy Cheeseburger 2 Hash Browns	Grilled Chicken Pesto Flatbread Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Mexican Corn	Pretzel Bites w/ Cheese Sauce Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Mixed Veggies	Breaded Mozzarella Sticks Breaded Chicken Sandwich Plain or Spicy Bacon Cheeseburger Broccoli w/ Cheese Sauce	Cheese Pizza Crunchers Breaded Chicken Sandwich-Plain or Spicy Toasted Ham & Cheese Sub Tater Tots BBQ Baked Beans
<div>SO DELI</div>	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div>ON THE GO</div>	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey & Cheese Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Chicken , Apple Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad-w/ 1 Dinner Roll
	Veggie Pizza w/ Cheese Cubes & Yogurt	Peanut Butter & Apple Roll-up	Santa Fe Turkey Cheddar Wrap	Italian Pasta Salad	Hummus & Veggie Wrap
<div>extra extra</div>	Side Salad Michigan Cucumber Coins Assorted Veggies 100% Fruit Juice Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Side Salad Celery Sticks Cherry Tomatoes Side Kick Slushies Assorted Fruit

# What's on the Menu?

**Sparta High School Lunch Menu September 22-26, 2025**

All meals come with choice of low-fat 1% white or chocolate milk

**MENU SUBJECT TO CHANGE**

	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip Tortilla Chips  Curly Fries	Baked Potato Bar Baked Potato w/ choice of toppings Toasted Ham & Cheese Sandwich Broccoli w/ Cheese Sauce	BBQ Pulled Pork or Popcorn Chicken Macaroni & Cheese Dinner Roll BBQ Baked Beans	Stuffed Shells w/ Cheese Sauce Garlic Bread Seasoned Green Beans National Food Service Worker day	Pancakes Scrambled Eggs w/ Bacon & Cheese  Tater Tots National Pancake Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Margherita Pizza	Bosco Breadsticks	Enriched Bacon Cheeseburger Pizza	Italian Stromboli	Pepperoni Bosco Breadsticks
	Corn Dog Breaded Chicken Sandwich-Plain or Spicy Sriracha Burger Curly Fries	BBQ Riblet Sandwich Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Broccoli w/ Cheese Sauce	Chicken & Cheese Crispito's Breaded Chicken Sandwich-Plain or Spicy Cheeseburger BBQ Baked Beans	Buffalo Chicken Quesadilla Breaded Chicken Sandwich-plain or Spicy Teriyaki Dippers w/ Mac n Cheese Seasoned Green Beans National Quesadilla Day	Breaded Chicken Sticks w/ Dinner Roll Breaded Chicken Sandwich-plain or Spicy Popcorn Shrimp Hoagie Tater Tots
	SO DELI				
Build Your Own Deli Sandwich					
Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments					
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ 1 Dinner Roll	Cobb-Ham, Egg & Cheese Salad w/ 2 Dinner Rolls	Grilled Chicken & Cheese Caesar Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll
	Buffalo Chicken Wrap	Enriched Turkey Pesto Pinwheels	Chicken Salsa Wrap	Hummus Combo	Vegetarian Corn & Black Bean Wrap
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

## Sparta High School Lunch Menu Sept. 29-Oct. 3, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGES

	Monday	Tuesday	Wednesday	Thursday	Friday
	Toasted 3 cheese Sandwich on a Pretzel Bun Broccoli Cheese Soup <b>Seasoned Green Beans</b>	Breaded Chicken Drumstick 3 Corn Bread Poppers Apple Crisp  <b>Mashed Potatoes w/ Gravy</b>	Waffles Scrambled Eggs w/ Cheese  <b>Tater Tots</b> <b>World Vegetarian Day</b>	Spaghetti w/ Meat Sauce Garlic Breadstick  <b>Seasoned Corn</b>	Bone In or Boneless Wings W/ Mac & Cheese <b>Smile Fries</b> <b>BBQ Baked Beans</b> <b>World Smile Day</b>
	<b>DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, &amp; cheese</b>				
	<b>Cheese Pizza Available Daily</b>				
	Classic Pepperoni Pizza  Chicken, Bacon, Ranch Pizza	Classic Pepperoni Pizza  Pepperoni Bosco Breadsticks	Classic Pepperoni Pizza  Buffalo Ranch Chicken Pizza	Classic Pepperoni Pizza  Italian Sausage Pizza	<b>Enriched</b> Pepperoni Pizza  Bosco Breadsticks w/ Marinara Sauce
	Chicken Tenders w/ Dinner Roll Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger <b>Seasoned Green Beans</b>	BBQ Beef Brisket Tostada Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger <b>Mashed Potatoes w/ Gravy</b>	Mini Corn Dogs Breaded Chicken Sandwich-Plain Or Spicy Breaded Mozzarella Sticks-plain or Jalapeno <b>Tater Tots</b>	2 BBQ Pulled Pork Sliders Breaded Chicken Sandwich-Plain Or Spicy Cheeseburger <b>Seasoned Corn</b>	Turkey or Corned beef Reuben Sandwich Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger <b>BBQ Baked Beans</b> <b>Smile Fries</b>
	<b>Build Your Own Deli Sandwich</b> <b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>				
	<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>				
	Turkey, Ham, Egg, & Cheese Salad w/ 2 Dinner Rolls  Hummus Combo	Turkey Chef Salad w/ 2 Dinner Rolls  <b>Enriched</b> Chicken Caesar Pasta Salad	Greek Chicken Salad w/ 2 Dinner Rolls  Turkey Bento Flatbread	Beef Taco Salad w/ Tortilla Chips  Black Bean & Corn Salsa w/ Fritos Cheese Cubes/Yogurt	Breaded Chicken Salad w/ Dinner Roll  Flatbread Salami & Ham Pesto Sandwich
	Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear Michigan Apple Chips	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice	Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Mixed Peppers Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

Sparta High School Lunch Menu October 6-10, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Beef Lasagna w/ Breadsticks  Seasoned Green Beans World Noodle Day	Global Eats: Fish Tacos w/ Roasted Tomato Salsa  Baja Beans National Taco Day	Gyro's Beef or Grilled Chicken Gyro w/ Tzatziki Sauce on Flatbread  Seasoned Corn	French Toast Bites Scrambled Eggs w/ Cheese  Tater Tots	Sweet Thai Chili or Orange Popcorn Chicken Fried Rice Egg Roll  Seasoned Peas & Carrots
<div>SONO CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
Cheese Pizza Available Daily					
<div>2mato</div>	Classic Pepperoni Pizza  Chicken Parmesan Pizza	Classic Pepperoni Pizza  Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza  Shredded Pork Jalapeno Pizza	Classic Pepperoni Pizza  Hawaiian Pizza	Classic Pepperoni Pizza  Enriched Beef Taco Pizza
<div>grilled EXPRESS</div>	Pork Carnitas Quesadilla Breaded Chicken Sandwich-plain or spicy Bacon Cheese Burger Seasoned Green Beans	Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Baja Beans	Italian Sliders Breaded Chicken Sandwich –Plain or Spicy Bacon Cheeseburger Seasoned Corn	Toasted Turkey Bacon Cheese Flatbread Breaded Chicken Sandwich-plain or spicy BBQ Slaw applesauce Burger-34925.851 Tater Tots	Pepperoni Pizza Sub Breaded Chicken Sandwich-plain or spicy Cheeseburger Seasoned Peas & Carrots
<div>SO DELI</div>	Build Your Own Deli Sandwich  Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div>ON THE GO</div>	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls  Hummus & red peppers Wrap	Turkey Chef Salad w/ 2 Dinner Rolls  Ham, Salami, Pepperoni, cheese cubes Italian Pasta Salad	Waldorf Chicken Salad w/ 2 Dinner Rolls  Strawberry Yogurt Fruit Dip-w/ Cinnamon Pretzel & side of cheese cubes	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Buffalo Chicken Flatbread Sandwich	Breaded Chicken Salad w/ Dinner Roll  Enriched Peanut Butter & Apple Roll Up
<div>extra extra</div>	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Michigan Apples	Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apple Chips	Fresh Broccoli Florets Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie