

What's on the Menu?

ECC Breakfast Menu September 21st – October 16th , 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1z Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP SEPT. 21	1z Honey Cheerios Cereal 1% LF White Milk Apple Slices ECSE/TUITION/GSRP SEPT. 22	1z R/S Trix Cereal 1% LF White Milk 100% Fruit Juice ECSE/TUITION/GSRP SEPT. 23	Mini Maple Pancake Puffs 1% LF White Milk Banana ECSE/TUITION/GSRP SEPT. 24	1z Apple Cinnamon Cheerios Cereal 1% LF White Milk 100% Fruit Juice DAYCARE ONLY-10 SEPT. 25
1z Blueberry Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP SEPT. 28	1z Cheerios Cereal 1% LF White Milk Grapes ECSE/TUITION/GSRP SEPT. 29	1z Rice Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP SEPT. 30	Mini Blueberry Waffles 1% LF White Milk Diced Peach cup ECSE/TUITION/GSRP OCT. 1	No School OCT. 2
1z Honey Cheerios Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 5	Bagel w/ Strawberry Cream Cheese 1% LF White Milk Diced Pear Cup ECSE/TUITION/GSRP OCT. 6	1z Cinnamon Chex Cereal W/ string Cheese 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 7	Mini Confetti Pancakes 1% LF White Milk Fresh Apple ECSE/TUITION/GSRP OCT. 8	1z Cinnamon Toast Crunch R/S Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY-10 OCT. 9
1z Rice Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 12	1z Apple Cinnamon Cheerios Cereal 1% LF White Milk Pear ECSE/TUITION/GSRP OCT. 13	1z R/S Trix Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 14	Mini Cinnamon French Toast 1% LF White Milk Banana ECSE/TUITION/GSRP OCT. 15	1z Cinnamon Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY-10 OCT. 16

BREAKFAST: A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. **ALL STUDENTS PreK-12th Grade WILL RECEIVE FREE BREAKFAST FOR THE 2026-27 SCHOOL YEAR.** Questions or concerns please contact the Food Service Director Melissa Alley at Melissa.alley@spartaschools.org.

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provide.