

What's on the Menu?

ECC Breakfast Menu October 19th - November 13th 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1z Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 19	1z Honey Cheerios Cereal 1% LF White Milk Apple Slices ECSE/TUITION/GSRP OCT. 20	1z R/S Trix Cereal 1% LF White Milk 100% Fruit Juice ECSE/TUITION/GSRP OCT. 21	Mini Strawberry Pancake Puffs 1% LF White Milk Banana ECSE/TUITION/GSRP OCT. 22	1z Apple Cinnamon Cheerios Cereal 1% LF White Milk 100% Fruit Juice DAYCARE ONLY-15 OCT. 23
1z Blueberry Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 26	1z Cheerios Cereal 1% LF White Milk Grapes ECSE/TUITION/GSRP OCT. 27	1z Rice Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP OCT. 28	Mini Cinnamon Waffles 1% LF White Milk Diced Peach cup ECSE/TUITION/GSRP OCT. 29	1z Trix Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY-15 OCT. 30
1z Honey Cheerios Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP NOV. 2	Bagel w/ Strawberry Cream Cheese 1% LF White Milk Diced Pear Cup ECSE/TUITION/GSRP NOV. 3	1z Cinnamon Chex Cereal W/ string Cheese 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP NOV. 4	Mini Blueberry Pancakes 1% LF White Milk Fresh Apple ECSE/TUITION/GSRP NOV. 5	1z Cinnamon Toast Crunch R/S Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY-15 NOV. 6
1z Rice Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP NOV. 9	1z Apple Cinnamon Cheerios Cereal 1% LF White Milk Pear ECSE/TUITION/GSRP NOV. 10	1z R/S Trix Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE/TUITION/GSRP NOV. 11	Mini Berry Trix French Toast 1% LF White Milk Banana ECSE/TUITION/GSRP NOV. 12	1z Cinnamon Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY-15 NOV. 13

BREAKFAST: A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. **ALL STUDENTS PreK-12th Grade WILL RECEIVE FREE BREAKFAST FOR THE 2026-27 SCHOOL YEAR.** Questions or concerns please contact the Food Service Director Melissa Alley at Melissa.alley@spartaschools.org.

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provide.