

What's on the Menu?

ECC Breakfast Menu January 5th – 30th, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1z Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 5	1z Trix Cereal RS 1% LF White Milk Apple Slices ECSE 5, TUITION 12, GSRP JAN. 6	1z Blueberry Chex Cereal 1% LF White Milk 100% Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 7	Mini Cinnamon French Toast 1% LF White Milk Banana ECSE 5, TUITION 12, GSRP JAN. 8	Apple Cinnamon Cheerios Cereal 1% LF White Milk 100% Fruit Juice DAYCARE 17 JAN. 9
1z Cinnamon Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 12	1z Honey Cheerios Cereal 1% LF White Milk Grapes ECSE 5, TUITION 12, GSRP JAN. 13	Cinnamon Toast Crunch R/S Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 14	Bagel w/ Cream Cheese 1% LF White Milk 2 Clementine National Bagel DAY ECSE 5, TUITION 12, GSRP JAN. 15	Rice Chex Cereal W/ Cheese Cubes 1% LF White Milk 100% Assorted Fruit Juice DAYCARE 17 JAN. 16
Apple Cinnamon Cheerios Cereal 1% LF White Milk 100% Fruit Juice ECSE 5, TUITION 12, NO GSRP JAN. 19	Trix Cereal 1% LF White Milk Sliced Peach Cup ECSE 5, TUITION 12, GSRP JAN. 20	Blueberry Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 4, TUITION 12, GSRP JAN. 21	Mini Blueberry Waffles 1% LF White Milk Fresh Apple ECSE 4, TUITION 12, GSRP JAN. 22	Honey Cheerios Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE 17 JAN. 23
Trix Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 26	Cheerios Cereal 1% LF White Milk Pear ECSE 5, TUITION 12, GSRP JAN. 27	Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice ECSE 5, TUITION 12, GSRP JAN. 28	Mini Strawberry Pancake Puffs 1% LF White Milk Banana ECSE 5, TUITION 12, GSRP JAN. 29	1z Blueberry Chex Cereal 1% LF White Milk 100% Assorted Fruit Juice DAYCARE 17 JAN. 30

BREAKFAST: A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. Questions or concerns please contact the Food Service Director Melissa Alley at Melissa.alley@spartaschools.org.

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provide.