



I AM CONFIDENT

Strawberry Avocado Smoothie

Make your outlook and appearance shine by enjoying some **AVOCADO** slices from time to time! Add it to smoothies, salads, and sandwiches to boost your confidence!

INGREDIENTS

- 1 cup - Strawberry Low Fat Yogurt
- 1/3 cup - Frozen Strawberries
- ¼ cup - Frozen Diced Avocado
- ¼ Cup - 100% Apple Juice

1. Add yogurt, strawberries, and avocado to blender. Blend until Smooth
2. Add Apple Juice and blend for an additional 30 seconds
3. Ready to Serve



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