

## What's on the Menu?



## Appleview Elementary Lunch Menu January 5-30, 2026

| Mondav  | Tuesdav   | Wednesdav   | Thursdav   | Fridav   |
|---|---|---|--|--|
| Pancake Bites W/<br>Whipped Cream<br>Scrambled Eggs W/              | Enriched Spaghetti w/<br>Meat Sauce                     | Beef & Bean Chili<br>Nachos                                   | Cheeseburger   | Mozzarella Sticks W/<br>Chicken Nuggets<br>Combo     |
| Cheese<br>Tater Tots<br>National Whipped                            | Seasoned Green<br>Beans                                 | Refried Beans w/<br>Cheese                                    | Seasoned Corn  | Oven Baked Fries                                     |
| Cream Day<br>JAN. 5   | National Bean Day<br>JAN. 6                             | JAN. 7  | JAN. 8   | JAN. 9   |
| Fruit Yogurt Parfait w/<br>Cheerios                                 | Waffles W/ Scrambled<br>Eggs W/ Cheese                  | White Chicken Chili w/<br>Queso<br>Tortilla Chips             | Beef Walking Taco  | Spicy Breaded Chicken<br>Sandwich                    |
| Sweet Potato Fries  National Gluten Free                            | Tater Tots  | Seasoned Corn<br>National Dress Up                            | Refried Beans W/<br>Cheese                                     | Smile Fries<br>International Hot and                 |
| Day<br>JAN. 12  | JAN. 13   | Your Pet Day<br>JAN. 14                                       | JAN. 15  | Spicy Food Day<br>JAN. 16                            |
| Hot Dog or Chili<br>Cheese Dog                                      | Stuffed Shells w/<br>Cheese & Alfredo<br>Sauce          | Chicken Drumstick W/<br>Cornbread Poppers                     | Soft Pretzel Bites w/<br>Cheese Dip                            | Cheese Pizza<br>Crunchers                            |
| BBQ Baked Beans   | Garlic Breadstick<br>Seasoned Mixed<br>Veggies          | Mashed Potatoes w/<br>Gravy                                   | Refried Beans W/<br>Cheese                                     | Smile Fries  National Fun At Work                    |
| JAN. 19   | National Cheese<br>Lover's Day<br>JAN. 20               | National Hugging Day<br>JAN. 21                               | JAN. 22  | Day<br>JAN. 23                                       |
| Beef Nachos   | Cinnamon French<br>Toast<br>Scrambled Eggs w/           | Homemade Chicken<br>Tortilla Soup<br>Tortilla Chips           | BBQ Pulled Pork w/<br>Mac n Cheese                             | Toasted Ham &<br>Croissant                           |
| Refried Beans w/<br>Cheese  | Cheese<br>Tater Tots                                    | Seasoned Corn   | Oven Baked Fries   | Seasoned Green<br>Beans                              |
| JAN. 26   | JAN. 27   | JAN. 28   | JAN. 29  | National Croissant Day<br>JAN. 30                    |
|   |   | Daily Alternatives  |  |  |
| B. Bosco Breadsticks<br>w/ Marinara<br>Sauce                        | B. Mini Corn Dogs                                       | B. Pepperoni French<br>Bread Pizza                            | B. Boneless Chicken<br>Wings w/ Dinner Roll                    | B. Muffin Fun Lunch                                  |
| C. PB&J Uncrustable<br>Fun Lunch                                    | C. PB&J Uncrustable<br>Fun Lunch                        | C. PB&J Uncrustable<br>Fun Lunch                              | C PB&J Uncrustable<br>Fun Lunch                                | C. PB&J Uncrustable<br>Fun Lunch                     |
| Michigan Apples   | Assorted Fruit  | Assorted Fruit  | Assorted Fruit   | Assorted Fruit                                       |
| Assorted 100% Fruit Juice<br>Cauliflower Florets<br>Sugar Snap Peas | Assorted 100% Fruit Juice<br>Side Salad<br>Baby Carrots | Assorted 100% Fruit Juice<br>Celery Sticks<br>Cherry Tomatoes | Assorted 100% Fruit Juice<br>Mixed Peppers<br>Broccoli Florets | Assorted 100% Fruit Juice<br>Side Salad<br>Cucumbers |

